

**Kingian Nonviolence: Toward the North Star: Building and Journeying the Path of**

| Did the workshop meet your expectations of Kingian Nonviolence: Toward the North Star: Building and Journeying the Path of the Beloved Community? | Were you able to learn new knowledge? | If so, which specific knowledge?   |
|---|---------------------------------------|--|
| Yes   | 5                                     | The differences between non-violence and nonviolence, historical context and conceptual knowledge of what nonviolence is and how King thought about it |
| Yes   | 4                                     | non-violence vs nonviolence  |
| Yes   | 5                                     | non-violence, nonviolence  |
| Yes   | 5                                     | specific focus options for connection  |

**the Beloved Community**

**If so, what ways can you apply this knowledge in your student or job functions?**

Teaching students about nonviolence, and helping them to practice this.

be more actually nonviolent

in life general

interacting with colleagues

**Any overall feedback for the event (key take aways, improvements, etc...)?**

I appreciated hearing about action steps in practicing nonviolence from Mike, as well as getting to discuss throughout the workshop.

talk more about the different ways violence affects people and the different types of violence and abuse

slide presentation and personal experiences were excellent tools for instruction



**Community Service Learning: The Effects of Ser**

| <b>Did the workshop meet your expectations for "The Effects of Service-Learning on the Academic Success of First-Generation Students?"</b> | <b>Were you able to learn new skills and/or information?</b> |
|--|--|
| Yes  | 5  |
| Yes  | 5  |
| Yes  | 5  |

**vice-Learning on the Academic Success of First-Generation Students**

**If so, which specific skills and/or information?**

Student learning services

E portfolios

I learned more about the specific aspects and means of implementation of service learning, as well as the impacts and constraints on the extent of benefits of service learning.

I learned about how much there is besides just classes and the benefits of. I would love to do things besides just class. Also learned about how you were able to take advantage of opportunities, and how it's like to be a first generation college student

Service learning does help us to achieve success.

Service learning outcomes/benefits

Resources-E portfolio, importance of community bringing people together.

Importance of service learning

I learned about the different methods of learning and being more engaged in my community and education.

eportfolios as a modern representation of your work.

I did not know much about ePortfolios before.

The importance of working in the fields and learning by doing

Valuing mentorship

Service-learning education

how to take advantage of volunteer jobs and opportunities

What SL is and how it applies.

Specific info for first gen-students; Experiential learning

Better understanding of service learning & how it "relates" to community college.

It was presented with a broad spectrum of advocacy vs. professional development.

Service learning influence in a positive way

The versatility and positive impact of service learning

The importance of document and reflecting on the service we do.

How formal and informal education both create involvement that translates to being a better student. Building communities is also necessary

The effect that service learning can have in general.

Different Ways of including service learning un the classroom.

**vice-Learning on the Academic Success of First-Generation Students**

**If so, which specific skills and/or information?**

Taking charge in meeting mentors really caught my attention.

Framework for thinking about experiential learning

Deep learning & career advancement

**If so, what ways can you apply these skills and/or information in your student or job responsibilities?**

Storing all my experience in a portfolio

Make an effort to whenever I can go to these events and opportunities and programs

Maybe volunteer more.

I can involve myself in more service learning opportunities.

This helps me look back and appreciate the work I've done in my classes.

I can use this to help with future employment

I can try to interact with more people and put myself out there.

I would look for more opportunities that would allow for me to engage more in the community.

Try to gain more experience out in the field

I can almost apply the skills throughout my academic experience  
to create networks and recommendations for better job opportunities

Incorporate in La Voz article

Implement ideas & data topics

Not sure how it would translate to financial aid.

Nursing Major

Becoming more involved, creating an e-portfolio to document and reflect on any and all experiences

I enjoy doing community service but I haven't really took the time to reflect. I defiantly will and feel more encouraged to document my service.

Community building skills & developing relationships with others helps in every field

I am going to do my best to seek out service learning courses in my field.

As an educator i hope to include it in my teachings



**If so, what ways can you apply these skills and/or information in your student or job responsibilities?**

I will look for mentors in my field and see if that specific career is the right one for me.

Training

I can apply the new perspectives of service to my PhD applications.

**Any overall feedback for the event (key take aways, improvements, etc...)?**

It would be more easy to learn and take something from this if it was presented in another way. To put another way, if you present it or taught in a different way, I could have learned a lot more.

Would of liked more time on findings and on the substantive application of research for our campus.

**Question: how was your financial situation ?**

The speaker was fluent and articulate, but the presentation as a whole felt rather canned. I also feel that more incorporation of audience involvement might be helpful to increase audience engagement with the presentation and material.

More interences.

Involve audience a little more toward the middle/end of presentation.

I liked the conversational speaking style; not preachy

I liked hearing about the potential ways to affect positive change because it allowed me to further understand what service-learning is based on.

the fundamentals here seem similar to learn by doing at cal poly

There were lots of information. Easily gets bored and overwhelmed.

maybe have include some audience participation to increase engagement

I appreciated the focus on our interest

See #3

The research about how service learning impacts GPA/graduation time was very interesting.

Move involvement with the students.

It was awesome

It was very information dense so any way you can condense the topics would be time well spent.

Have it be more interactive with audience became kind of boring.

|  |
|--|
|  |
|  |
| <b>Any overall feedback for the event (key take aways, improvements, etc...)?</b>                  |
| I really liked his presentation on how it was all connected and transitioned on to the next topic. |
| All good good food   |
| I would like to know more about "lack of expectations on 1st generation students"                  |

| <b>Evolving &amp; Empowering: All Peer Equity Training</b> |   |  |   |   |
|--|---|--|---|---|
| <b>Welcome/Opening:</b>                                    | <b>Topic A (Conference Room A) Critical Mentoring: Empowering Ourselves to Empower our Communities:</b> | <b>Topic B (Conference Room B) Navigating Organizational Structures, Policies and Changes:</b> | <b>Topic C (El Clemente) Empower Your Mind: Mental Health in the Workplace:</b> |   |
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| <b>Evolving &amp; Empowering: All Peer Equity Training</b> |   |  |   |
|--|---|--|---|
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| Topic D (Don Bautista)<br>Evolving with Gender<br>and Empowering with<br>Pronouns: | Closing: | How was your<br>OVERALL experience<br>at the Evolving &<br>Empowering: All Peer<br>Equity Training? |
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**What did you learn from the training? How will you apply what you learned while working with other students?**

I learned to communicate better with the students. I will try to ask more questions to know their cultural background better.

I learned critical mentoring, transformative tutoring skills, some changes of De Anza College, and safe spaces. I will definitely apply them into my daily work.

I learned that we should keep in mind that the tutees may have other responsibilities/work which may make them distracted during tutoring sessions, and that it's important to connect with them in order to assist them more  
Learned a lot about workplace interactions and actions have consequences. This is directly applicable to my tutoring experience, as I directly interact with my tutees.

It's best to reflect upon yourself first and become better to help people be better

I will be more open to different opinions and take care of myself

I learn that some question like "where are you from?" can be offensive to some tutees so I have to used another question that has similar meaning but aren't offensive towards anyone like "What is your culture?".

I learned that what I already know about communication and professional interpersonal relations can be applied to tutoring.

Everyone has their own specific needs and styles of learning

I have learned new things like mindfulness or how to manage myself at the workplace. Sometimes, tutoring is hard but we can apply what we have learned in the workshop to reality.

I feel like I learned the most at the gender and empowering with pronouns workshop and this will encourage me to not be afraid to ask people what their pronouns are. I learned that there are so many expressions of sexuality.

I think the activities are interesting and it is nice to meet with interns from other offices.

I learned that we should respect students' pronouns.

I learned how to make students more open and less shy. (Isn't it the same thing?)

Equity, i will be patience and guide students to find the answers instead of giving them the answers directly .

Equity, i will be patience and guide students to find the answers instead of giving them the answers directly .

Didn't know about AB 705 and how it affects students. Will keep that in mind next time

I learned about critical mentoring skills

To not judge

It's not only about you but also about people around you

Be more considerate and socially aware

Achieving true equity is impossible and pointless

I learned to exercise my public speaking skills

**What did you learn from the training? How will you apply what you learned while working with other students?**

I really enjoyed the sessions about Critical Mentoring and Evolving with Gender and Empowering with Pronouns which I think will help me in the work place. I learned that even though my tutees have a little improvement or do not have any, if I encourage them with small positive points on their process, it would be very helpful for them. Using the right pronouns also was a very interesting topic, and after the session I realized that if I be careful in terms of using pronouns, I would make a huge difference in the person that I interact with.

Respect and help others in workplace and students  
being nice to other people

Each student will learn differently and it is important for us tutors to first acknowledge such fact.

The training, especially from Topic A, helped me see how the tutee envisions math and maybe their attitude towards the subject may be uncomfortable. And the tutor can relate but with another subject so they may know how they feel about their anxiety with the subject that they might have grown up with naturally. When I tutor, I'm aware how math anxiety could consume the student.

Critical mentoring

I know there are more service on campus  
pronouns. it is really important to be more welcoming to all types of people.

i learnt to be more accepting

I learned the term 'emotional labor', which made me more mindful of when it's my place to help a student with their problems and when i should refer them to another service at De Anza

Everyone is different from each other. I need to ask question which way to help them improve their study most  
Issues that tutors deal with are multifaceted, and it is important to be in the present moment to assess issues to help students and fellow employees. I will do my best to try and be mindful of where I am, where I come from, and not let it impede my work.

Mental health is very useful topic. I can apply it not only for myself but also for my tutees

I learned a lot of resources I did not know about! This will help me with students I tutor.

I think patient should be the number 1 thing when tutoring other people.!

I learned the existance of inter sex that i haven't heard about at all.

Equity and gender

Knowing the student is important to help him learn.

I learned that everyone has pronouns of themselves and we need to show our respect. Also, critical mentoring is very important for tutors. As a tutor, we are not only tutees' teachers but also their friends. I think I will try my best to establish trust with my students and make them feel comfortable when working with them.

**What did you learn from the training? How will you apply what you learned while working with other students?**

I learned about the idea of equity. I also learned about the new upcoming policies and the kind of challenges we have to be ready for in the upcoming quarter.

I learned always to do a reflection to yourself. And we should be open to everyone else since everyone is different.

**Interpersonal Skills**

Every students are different we should understand them more while we are trying to help them.

I learned that having a nice greeting is very important since it can sort of building trust with my tutee.

The fact that there are a lot more factors that affect our work environment

I learned how important it is to be mindful of other and their differences. While working with students, I will be more mindful of cultural differences/backgrounds when tutoring.

**What equity is?**

Critical Tutoring Session - how to have a short but important interview with my tutee to know them better in order to create a positive and inclusive learning environment. Safe(r) Places and Gender Galaxy - where one can discuss both internal concerns and the external day-to-day issues. Gender Galaxy allows students to explore gender through endless possibilities. Mental health – staying positive and connecting with others I will try to apply all the techniques I learned from this training in my tutoring sessions to make them more productive and effective learning

I learned more about different ways to approach tutoring sessions as well as strategies that will help with communication with other students.

Not to use "hey guys" in the workplace. Also I will try to be positive.

I learned ways for teaching my tutees. I think it works really well as every tutee needs different ways to teach them.

I wasn't very aware before of how to make a safer space for everyone people of the LGBT community and everyone else. In future interactions with students, I will strive to make and maintain safer spaces for all students at

**Other comments or suggestions? Please specify which section you are commenting on.**

Section D. The importance of pronounces that can affect the student's safety.

-  
overall I think there should be more discussion between the people in the room. More talking to a person rather than talking at people

None

I hope there're more activities. Also, instead of 3 workshops, I think 2 would work better because we feel tired one after one...and every workshop just doesn't have enough time to be effective.

T-shirts and pizza are a step up from last year's training in S43!

The gender seminar seemed really disorganized and the panelists were way too informal. Did not like it  
to socialize and be more friendly with students

none

Stop propagating political agendas/ideologies through the mask of education

It was all amazing. I loved it !

**Other comments or suggestions? Please specify which section you are commenting on.**

N/A

Topic A and B, from what I've seen, helped me picture the stand point of the tutee. I think on Topic C, you were on the right track but it didn't really stick with me. Because Topic C was on a vulnerable subject, mental health, we can start relating with each others struggles with class anxiety, because as students, classes are what we all have in common, no matter the personality of the person.

Wish to hear more practical strategy in gender session.

I felt like the opening didn't super explain what was going on, so the first 40ish minutes were really confusing.

Topic D seemed to load people with a lot of advanced terminology very fast. more background information and explanation would be nice

Could you find any way to pay attention or get every one more attractive in it like showing a short movie of the topic

The gender and empowering session - great effort. I think it would have been more effective if there was more of an exercise for the audience to do which illustrated the points being made, and if there was some actual personal story told in the beginning that explained why we were given this specific session. Rather than just kind of generalised info.

none

I want it to be designed to encourage more active participation for students.

The session 'C' was too small and wan't well ventilated

For section D, we can have more discussions.

**Other comments or suggestions? Please specify which section you are commenting on.**

Section B was the most informative and fun of all. Diana and Melissa did an awesome job in explaining the upcoming new policies. It was fun to learn and I got some idea about the upcoming challenges.

I suggest next time maybe include some little game to make the students more active.

I think overall it is a good training. just a part that I think maybe it is not a great idea that we only can have 3/4 sessions but not 4/4.

Personally, t-shirt's color and design were not good enough, may be white is better!

**Equity in Practice: Addressing Emotional Support**

| <b>Did Dr. Rios meet your expectations about his talk "Equity in Practice: Addressing Emotional Support in the Lives of Marginalized Students"?</b> | <b>Did you feel inspired by his talk to continue, graduate, and/or thrive in higher education?</b> |
|---|--|
| Yup   | Yup  |
| Yup   | Yup  |
| Yup   | Yup  |
| Yup   | Yup  |



**rt in the Lives of Marginalized Students**

**After listening to Dr. Rios talk, what further information would you like to learn?**

Can he come back again and talk to all our programs on campus? LOL

n/a

The metrics of success and innovative practices in student success and retention.

How to scale up quality mentoring with limited resources & make quality mentoring accessible to more students

**Any comments for the event? (key take aways, aha moments, etc...)**

At-promise!!!

His personal storytelling was inspiring. It was awesome to see that he had his mentor in the audience and as well as his personal connection to our own administrator in the past. His concept of what community college is and who it truly serves resonated with me and reinspired me of my journey to higher education and the kind of work that I want to amplify at De Anza. "Community college is an incredible frontier of hope for underserved students."

Actively provide Emotional support & project success ("you will meet with presidents")





|  |
|--|
| <b>through Social Trauma</b>   |
| <b>If so, which specific skills?</b>   |
| Social and how to manage against adversity   |
| n/a  |
| Evaluate my self   |
| Acknowledging personal trauma  |
| Language   |
|  |
| Use other people to help   |
|  |
| Communication  |
| Language   |
|  |
| Thrive through social trauma   |
| Coping mechanisms  |
|  |
| How to relate to others even when you didn't think you could relate to them  |
| Being away of your own trauma  |
| Sharing things I've experienced and not continuing malcoping   |
| To be happy with who I am  |
| Moving on from problems  |
|  |
| Most importantly coping and striving through trauma  |
|  |
|  |
| Dealing with trauma a moving from healing to thriving  |
| Take my education to help me go and bring up my struggles to fight for everyone who is struggling.   |
| cominiucation  |
| How to cope with social trauma   |
| Inspiration,learning more about myself.  |
| I learned that I was not the only hs student that fought people.   |
|  |
| Coping with trauma and how not getting the help you need will lead to major things.  |
| Expressing yourself  |
|  |
| Persistence  |
|  |
| I learned to not give up.  |
| There is a process students go through in order to Survive before they can thrive  |
| There is a process students go through in order to Survive before they can thrive  |
| Becoming more aware of how and why people may be acting the way they are.  |
| understanding how social trauma affects every other aspect of life, encouraging,<br>chealing interactions, critical analysis of traumas & constracting narratives of hope. |

**through Social Trauma**

**If so, which specific skills?**

learning how to coherently formulate a new narrative for dealing w/ all sorts of trauma

looking at trauma from a different lense @an earlier age

sharing my story and how to help others ( esp students) share

using trauma to change narratives

1 min on to express self, 45 s response, cope w/ own trauma to avoid transference

thly understanding my trauma

**REMEMBERING THE IMPACT OF TRAUMA & HOW TO PREVENT TRANSFERENCE**

How to change content to personal experience

communicating with social communalities

How to facilitate narratives of thriving, purpose

mirroring/ **STORY TELLING / THRIVING**

The listening and sharing.

Great questions to help people connect

Thanks for his life experience.

ways to get info to others including inviting speaker.

Dealing w/ social trauma comes first to be able to help others.

ways to frame trauma + its impact on students learning

recognizing maladaptation

**If so, what ways can you apply these skills in your student or job responsibilities?**

n/a

Both

Practice

Don't be afraid to reach out

I can speak to more people without being shy

Practice

Find a way of striving and recovery if through hardships

Be able to understand even though we are different I can relate to them.

Finding a purpose

Find help

Keep on going no matter what

Don't give up and know there's hope

My classes and my personal life

Talking with my classmates about it, and sharing the ideas

Using rage and trauma in a positive way to help myself

Take what I learn and reflect what I've done. Make better choices

I want to be able to work hard for myself, especially as an immigrant student. It's has it's difficulty

Being more open about things & look for help

Be communicating with others

Dovote wholeheartedly

I can apply this by being an active listener and not giving up because in the end it will be worth it.

I will definitely try to connect more to create a safe space for students to thrive instead of just surviving

I will definitely try to connect more to create a safe space for students to thrive instead of just surviving

I can become more empathetic to the people around me and supply a deeper understanding in order to help.

meeting people where they are- hurt by the world. coming out healing, vulnerable, safe interactions

**If so, what ways can you apply these skills in your student or job responsibilities?**

as a student, dealing w/ personal traumas will defin. help me clear up room follo on school

How to help students turn social trauma to thriving

practicing mindfulness & compassion more

Talk about their trauma, understand their story, help them cope

working with students I can help them find their strengths.

avoiding ransferrance as editor, VIDA project leader, maintaining boundaries w/ professors,

keeping accountability while understanding personal trauma needs

working through the internal issues and turning my weakness & crom the trauma's into strength.

THROUGH EVERYDAY INTERACTIONS w/stuDENTS

Have a check in time w/ all my students

Reaching to students

use sharing exercise with student tutors/ peers

In my community OUTREACH work

Check in with students; have my "antennas" up to be more aware of their needs and what they are not saying.

Bulding class community

yes

Teaching students new ways of coping & thriving

Be aware / and provide space for folks to heal from social trauma / stress etc.

be humble, be gentle, walk a self- reflective practice

avoiding maladaptation and avoidance of communicative stress.



**Any overall feedback for the event (key take aways, improvements, etc...)?**

n/a

It's really good!

I feel like I'll be able to use this information to understand how to heal

You're not alone

It was nice overall

It was great

Very eye opening

Learned what social trauma

The last slide about submission and thriving was very relatable

Thank you for talking about PTSD and its effects.

Love it . Students get a lot from these workshops

Very helpful and valuable subject

Even was great.. great speaker

Bo

It was amazing

Excellent presenter , I as a person learned alot and i am glad that im more are aware of the situation

No feedback

More information

I was inspired by this presentation and made me know that I'm not alone and that others are going through the same thing as me.

More time for answering questions

More time for answering questions

Thank you so much for doing what you do. It was an honor to be at the talk.

THANK YOU!!! So important + resonant. this man is my hero now lowkey

**Any overall feedback for the event (key take aways, improvements, etc...)?**

it was amazing, I'm so glad I came. I will be looking into a lot of the skills and ideas mentioned today. It was both informational and insanely helpful for my personal situation.

Good speaker wish there was more time to speak w/ him

create narratives CRITICALLY, be honest, there is a wealth of academic evidence for social trauma!!!

This presentation was so insightful and amazing. Loved listening to Patrick Camangian. Feeling truly inspired.

GREAT PRESENTATION

Great Event

very informative & interactng

perfect balance of engaging + challenging

LONGER MORE INDEPTH / + TIME TO PROCESS

Ending slide informative

Another great event

I need to pay more attention to advise the student & be more compassion to them when they go through the difficult time.

Great Workshop!

Great! Having workshits / info to take w/ me would have been dope!

Being laid back

include donuts. make time for intraction

| <b>RTSB 2019 Worskhop</b>  |   |
|--|---|
| <b>Which workshop will you attend? (11:30am-12:20pm) Please only choose one.</b> | <b>Will you attend the entire day? (10-4pm)</b> |
| Beatmaking/Scratching  | No  |
| Hip Hop Activism + Writing   | No  |
| Beatmaking/Scratching  | Yes   |
| Beatmaking/Scratching  | Yes   |

| <b>Mindfulness Workshop</b>                                 |   |
|---|---|
| <b>Did the Mindfulness workshop meet your expectations?</b> | <b>Were you able to learn new knowledge and skills?</b> |
| Yes   | 5   |
| Yes   | 5   |
| Yes   | 4   |
| Yes   | 5   |
| Yes   | 4   |
| Yes   | 5   |
| Yes   | 5   |
| Yes   | 4   |
| Yes   | 5   |
| Yes   | 5   |

**If so, what ways can you apply this knowledge and skills in your student life or job duties?**

Help de-stress in high pressure moments // Feel more relaxed when tense // Increase my overall mood // Gain energy in moments when needed

I found these practices we learn from the workshop real hopeful, I'll probably do these practices everyday.

I can practice this before I go to school. I hope my stress won't affect my final grades.

Focused breathing to remain calm

To destress and calm down

learning to focus on my breathing to manage my stress and be more productive and positive

I really enjoyed the breathing exercises and stretches and will use it in my daily life

I should relax more. Dont do anything just relax. Breathe.

I know the ways I can destress and why these ways will work. I know that I only need myself and my breath to be able to make a difference in my mind, behaviour and

These mindfulness experiences can be applied for all exams in my college life.

**Any overall feedback for the event (key take aways, improvements, etc...)?**

Enjoyed the event a lot more than what I anticipated. Can already feel that I will take these practices and use them for a long time.

Thank you for this wonderful workshop.

This event is quite good. But I hope it can be longer.

Liked the idea of simplicity, body + breath = all required for mindfulness

Host it in a larger room, so that there could be more space for movements

i really enjoyed this and will begin implementing these ideas into my daily routine

I thought it was great and super helpful teaching methods for calming down/destressing

Hippocampus memory. Breathing helps to tell your mind release (illegible).

It was great! I really enjoyed it and I wish I could stay!

I could know how I can release my stress and this event was really comfortable for me.

| <b>Lit Lunch</b>  |  |
|---|--|
| <b>Did the Lit Lunch meet the expectation of sharing examples of equity on our campus ?</b> | <b>Were you able to learn new skills for your daily job functions?</b> |
| Yes   | 5  |
| Yes   | 5  |
| Yes   | 4  |
| Yes   | 5  |
| Yes   | 4  |
| Yes   | 5  |
| Yes   | 5  |
| Yes   | 4  |
| Yes   | 4  |
|   |  |
| Yes   | 5  |
| Yes   | 5  |
| Yes   | 5  |
| Yes   | 5  |
| Yes   | 5  |
| Yes   | 4  |
|   |  |
| Yes   | 3  |

**If so, which specific skills?**

serving w/attitude-being personal

serving w/attitude-being personal

Financial aid + Equity

Mentoring program, being open to students about self

CAR class activities ) navigating financial aid

the values of equity

Equity through Action, Humanizing education, helping others

Introduce students more than once

Building community, being aware of different perspectives, & not to base off opinions on appearances.

networking

how to get friends in school and how to create a family around us

Attitude is a service to students

serving others

serving the students + community as empowerment

Community Building; self discovery

continue my work to build community in the classroom



**If so, what ways can you apply these skills in your daily job functions?**

work more personally w/students

work more personally w/students

I have more connections to reach out to.

via student interactions

classroom approaches for equity + inclusion

I can apply it to my Poli- Sci major

Break down walls, work w/ people, Be open to change

be able to connect more meaningfully w/ others & remember there's other things always going on w/ everyone & try not to personalize & try to communicate more.

I agree w/ Carolyn that equity is an attitude for service

understand, cooperate, and friend more isolated students in school

Daily Attitude

cooperating with one another in class or work

join specifically PUSO to mentor students

providing space for students to connect w/ each other & faculty / stuff

**Any overall feedback for the event (key take aways, improvements, etc...)?**

maybe time for questions

access to resources called out in presentation

awesome view of equity

nice community, Inspiring, love the speed

Great Speakers !

great- we need more

great experience

keep doing it !

Great! very welcoming : )

organize seating before event. ( It was distracting to find seats for those who walked in late.

perhaps you can separate the workshops so that they meet specific needs of specific populations.

For example, one workshop can be targeted for faculty, or another students, or staff.

while this may divide groups, it can also support each group. you can also hold these lit lunch for the general populations similar to what was done today.

| <b>Cultural Humility Workshop</b>                |  |   |
|--|--|---|
| <b>How satisfied were you with the workshop?</b> | <b>Were you able to learn new skills in your daily life or for your job functions?</b> | <b>If so, which specific skills?</b>        |
| 5  | 5  | Self-reflecivity and more student inclusion |
| 4  | 3  |   |
| 5  | 5  | Principal of Cutral Humility                |
| 5  | 5  |   |
| 5  | 5  |   |
| 5  | 3  | Cultural Humility                           |
| 5  | 5  |   |
| 5  | 5  |   |
| 5  | 5  |   |
| 5  | 4  |   |
| 5  | 4  |   |

| Are the skills you learned relevant to your life or daily job functions? | If so, how will you implement them?                       |
|--|---|
| 5  | Do identity workshops at the beginning of the quarter     |
| 3  | N/A   |
| 5  | Counseling  |
| 5  | N/A   |
| 5  | emphasis of self-care & its impact on my career           |
| 5  | Becoming more self-aware of my stance toward other people |
| 5  | N/A   |
| 5  | N/A   |
| 5  | N/A   |
| 4  | N/A   |
| 4  | N/A   |

| <b>Would you like to attend a follow up Cultural Humility workshop to further your knowledge and practice?</b> | <b>Any overall feedback for the event (key take aways, improvements, etc...)?</b> |
|--|---|
| Yes  | none  |
| Yes  | N/A   |
| Yes  | Thanks! Salamat!  |
| Yes  | N/A   |
| Yes  | N/A   |
| Yes  | N/A   |
| Yes  | Dope  |
| Yes  | N/A   |
| Yes  | N/A   |
| Yes  | N/A   |
| Yes  | N/A   |

**Intersectional Praxis: Women of Color in the Mo**

| <b>Did the workshop meet your expectation about Intersectional Praxis: Women of Color in the Movement for Reproductive Justice ?</b> | <b>Were you able to learn new information?</b> |
|--|--|
| Yes  | 4  |
| Yes  | 5  |
| Yes  | 5  |
| Yes  | 5  |
| Yes  | 5  |
| No   | 3  |
| Yes  | 5  |
| Yes  | 4  |
| Yes  | 5  |
| Yes  | 4  |
| Yes  | 2  |

**vement for Reproductive Justice**

**If so, which specific information**

Social movements

How women are affected in areas we had no idea about and how hard access to health care is for them.

I learned about very specific organizations and where to advocate efforts

the disjustice being shown to latinx women in southern texas

There's a problem with the political system , yet I wasn't able to see it because I wasn't really told about it until know about rep

I learned more about the struggles of being a woman of color in this country, more specifically the many barriers one can face

Colonias in South Texas

The specific rights south western reproductive rights movements

I learned about reproductive justice and why it is important

**If so, what ways can you apply this information in your student life or job responsibilities?**

Get involved

I can make people more aware and potentially become an activist

I can totally use this in my career goals because I want to go into social justice.

being an advocate for liberation of healthcare for women and men in low income neighborhoods as well as education in repro

I can definitely talk about this with my family and friends.

As a white male, whether I asked for it or not, I experience white privilege everyday. One of these privileges is having a voice

Become more active in women's rights

Intersectionality is a theory we can now apply better after this research talk

I can apply this by being impartial and supportive of my friends and classmates



**Any overall feedback for the event (key take aways, improvements, etc...)?**

The audience was involved so it triggers people to think and talk about the topic

Very informative presentation

I liked how it was on time and concise

The presentation was great.

I understand the limitations of time, however, having more solutions to action, how students can make a difference would have

Maybe more introduction into who everyone was

That Human Rights are what the ProChoice/Pro Life debate is really about

It was well organized and I enjoyed all the speaker's messages that were brought to our attention