

**Green Sheet -- Nursing 85A, 1st Six Weeks (Theory)
Psychiatric Mental Health Nursing / Spring 2018**

UNITS: 2

REQUIRED CONCURRENT COURSE: Nsg 85AL

THEORY CLASS HOURS:

Fridays: 10:30 a.m. – 2:20 p.m. Room: S72

INSTRUCTOR:

Name	Sandra Ashby MSN, RN
Telephone:	408-202-3767
Email:	ashbysandra@fhda.edu
Office Hours:	Fridays, 2:20 to 3:20 pm held in the classroom or office

COURSE DESCRIPTION:

Psychiatric Mental Health Nursing is a half a quarter course consisting of two theory units and 2.5 clinical units. It is designed to prepare the student to utilize the Nursing Process in meeting patient's health-deviation self-care deficits with emphasis on Psychosocial needs. Theories of psychiatric mental health nursing will be taught in concert with nursing care of patients experiencing a wide range of psychiatric disorders and psychosocial deficits.

STUDENT LEARNING OUTCOMES (SLO's)

1. Apply own cultural background to concepts of mental health and mental illness.
2. Design a critical thinking component in relation to the nursing care of a patient with a given psychiatric diagnosis.
3. Demonstrate knowledge of Alcoholics Anonymous meetings and identify professional implications for the nurse.

COURSE OBJECTIVES: Please refer to required course syllabus for Nsg. 85A.

REQUIRED TEXTS:

1. Halter, Margaret J. Varcarolis' Foundations of Psychiatric Mental Health Nursing. Saunders, 2010 (7th Edition).
2. Nursing 85A Course Syllabus and Workbook .
3. Varcarolis, Elizabeth. Manual of Psychiatric Nursing Care Plans, Saunders, (highly recommended for clinical work).

MATERIALS: Materials for note-taking; Scantron answer sheets and # 2 pencil for all examinations. Please do not bend or wrinkle Scantrons! (They will not go through the scanner if wrinkled or bent.)

GRADING:

A. **Exams:** 200 points total

<u>Examination</u>	<u>Points</u>	<u>Scheduled Exam Date</u>	<u>Time</u>
Exam I	20 points	Friday of Week 2	10:30 a.m.
Exam II	30 points	Friday of Week 3	10:30 a.m.
Exam III	50 points	Friday of Week 4	10:30 a.m.
Exam IV (Comprehensive)	100 points	Friday of Week 6	10:30 a.m.

- Exam I has 10 questions, Exam II has 15 questions, and Exam III has 25 questions. Exam IV has 50 questions and is comprehensive, “covering” all of the required Varcarolis chapters. All exam questions are worth 2 points each.
- Maximum possible exam total = 200 points.
- Note well:** Student's exam total needs to be at least 75% of maximum theory points in order to pass the course.
- Please do not write on the exams or use folded or wrinkled scan-trons..
- Asking questions of the instructor or talking during exams is not permitted. Please turn off cell phones prior to the exam.
- Please take care of your personal needs prior to the exams so you will not have to leave the room during the exams.
- Exams must be taken on the dates and times scheduled.** Missing an exam is a serious matter and make-ups are not automatically given. In case of illness, a physician's letter may be required before a make-up will be considered. No make-ups or early or late-scheduled exams will be given for missing a regularly scheduled exam due to jobs/business/CE, or other coursework, travel plans or personal reasons such as weddings or graduations, etc. Only personal or family serious illness, accident or death in the family are allowable reasons to reschedule an exam.

B. **Assignments:** 50 points total

All of the following assignments/activities must be satisfactorily completed according to the instructor in order to pass the course:

<u>REQUIRED ASSIGNMENTS</u>	<u>POINTS</u>
Group Presentation -----	15
Actively participating in other students’ presentations (e.g. being present, discussing case study etc.. as indicated)-----	5
Written Assignments (see Assign. Sheet for due dates)-----	10
Video/Audio Assignments with Brief Written Reports (see Assign. Sheet) plus additional assigned video/ audio (varies per course).	
AA Meeting & typed Individual Activity Report: (<i>due by Fri. Week 4</i>) and Alanon Meeting, typed Report (<i>due by Fri. wk 5</i>)-----	20

Total Assignment Points: 50 points

TOTAL POINTS & FINAL GRADE:

A = 225-250 points

B = 200-224.99 points

C = 187.5-199.99 points

F= <187.5 points or failure of the clinical component (Nsg 85AL)

Non-Pass = less than 75% of total exam points or not satisfactorily completing all required assignments regardless of points accrued. In other words all “Required Assignments” are required for passing.

Note: The total exam score must be **150 points** (average of 75% in theory) or better to pass the course. There will be no “rounding off” to reach the required 75 percent.

ATTENDANCE POLICY:

Attendance at all theory sessions is expected (see Student Handbook 7.1-7.6, p. 19). Punctuality is also expected and not leaving early unless emergency or urgent situations.

CHEATING POLICY:

Cheating is not tolerated. During exams, **you will be required to stagger your seating so you are a seat away on all sides in distance from others in the class.** Plan to take care of personal needs prior to the exam as each student is expected to remain in the room until his or her exam is completed.

DISRUPTIVE BEHAVIOR:

DeAnza College will enforce all policies and procedures set forth in the *Standards of Student Conduct*. Any student disrupting a class may be asked to leave that class. Administrative follow-up may result. Professional behavior is also expected whenever guest lecturers are present. Food and beverages have been banned from the classroom by the college. Also refer to the *Biological and Health Sciences* and the *Nursing Student* Handbooks for expectations for student behaviors. Students are accountable for locating and knowing the content of these two handbooks.

Important Notes:

1. The student must pass both N85A and N85AL to progress to 6th Quarter.
2. A failure in either theory or clinical means that the student must repeat both courses concurrently.
3. Mature behavior is expected and required in class.
 - Never belittle another student’s contributions. We want to promote an “open” atmosphere in class discussions, where everyone feels comfortable to offer comments or ask questions.
 - Audiotaping of class is permitted only for the purpose of studying/learning while taking the course in which they were taped and they must be erased when the course is over. The student’s written agreement to use taped materials exclusively for his or her studying during the course is required ahead of time. Taping may not be useful because the course consists of Instructor-led discussion, group presentations of case studies, (not ‘stand-up lecture’) . **The best way to succeed and learn is to read and study the required readings and complete your “theory class outlines” PRIOR to each class and also to take advantage of the numerous online and workbook learning resources prior to each class meeting and to participate during class discussion and group presentations.**